



# VAIL SCHOOL DISTRICT HIGH SCHOOL LUNCH MENU JANUARY 15 - 19, 2018



CREATIONS	GRILL	SALSA	PIZZA	FAST TAKES
<b>Monday</b>	<b>Monday</b>	<b>Monday</b>	<b>Monday</b>	<b>Monday</b>
<b>School Closed Martin Luther King Jr. Day</b>				
<b>Tuesday</b>	<b>Tuesday</b>	<b>Tuesday</b>	<b>Tuesday</b>	<b>Tuesday</b>
Spaghetti and Meatballs in Marinara Sauce	Cheeseburger OR Chicken Patty	Fiesta Bar	Sausage Pizza OR Cheese Pizza	Buffalo Salad w/ Dinner Roll
<b>Veggie</b> Cauliflower	<b>Veggie</b> Cauliflower	<b>Veggie</b> Cauliflower	<b>Veggie</b> Cauliflower	<b>Veggie</b> Cauliflower
<b>Wednesday</b>	<b>Wednesday</b>	<b>Wednesday</b>	<b>Wednesday</b>	<b>Wednesday</b>
Cheese Enchiladas	Cheeseburger OR Spicy Chicken Patty Sandwich	Fiesta Bar	Pepperoni Stromboli OR Cheese Pizza	Chicken Caesar salad w/Dinner Roll
<b>Veggie</b> Mexican Beans	<b>Veggie</b> Mexican Beans	<b>Veggie</b> Mexican Beans	<b>Veggie</b> Mexican Beans	<b>Veggie</b> Mexican Beans
<b>Thursday</b>	<b>Thursday</b>	<b>Thursday</b>	<b>Thursday</b>	<b>Thursday</b>
**Chicken Fried Steak w/Dinner Roll	Cheeseburger OR Chicken Patty	Fiesta Bar	Pepperoni Pizza OR Cheese Pizza	Crispy Chicken Salad w/ Dinner Roll
<b>Veggie</b> Mashed Potatoes w/Gravy Carrot Coins	<b>Veggie</b> Carrot Coins	<b>Veggie</b> Carrot Coins	<b>Veggie</b> Carrot Coins	<b>Veggie</b> Carrot Coins
<b>Friday</b>	<b>Friday</b>	<b>Friday</b>	<b>Friday</b>	<b>Friday</b>
Sesame Ginger Chicken	Cheeseburger OR Spicy Chicken Patty Sandwich	Fiesta Bar	Supreme Pizza OR Cheese Pizza	Chef Salad w/ Dinner Roll
<b>Veggie</b> Broccoli	<b>Veggie</b> Broccoli	<b>Veggie</b> Broccoli	<b>Veggie</b> Broccoli	<b>Veggie</b> Broccoli

Students MUST select 3 out of the 5 meal components.  
One of the 3 components selected MUST be a fruit or vegetable.

School lunch provides 1/3 of the average daily calorie needs for kids by age.  
All lunch meals also include our self-service fresh veggie bar and condiment table.

**Available Daily:**  
Made to order Deli Bar  
Self-Service Veggie Bar  
Assorted Fresh Fruit  
Side Caesar Salad  
Oven Browned Potatoes  
1% or Fat Free Milk

\*\* Meals:  
\$3.50 Student Lunch  
\$4.00 Adult Lunch

**Monday  
Thru  
Friday**

**Sunset strips**  
Chicken Tenders w/Assorted Sauces

Sides:  
Garlic Knot Whole Wheat Roll  
Cinnamon Apples  
Veggie of the Day  
Fresh Fruit

**“This institution is an equal opportunity provider.”**