



VIP LUNCH MENU APRIL 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <u>Meat & Grain</u> Rotini & Meat Sauce Trix Yogurt / String Cheese/ Graham Crackers	3 <u>Meat & Grain</u> Chicken nuggets w/Dinner Roll Italian Sub	4 <u>Meat & Grain</u> Cheese Enchilada BBQ Riblet Sandwich	5 <u>Meat & Grain</u> Pepperoni Pizza Turkey & Cheese Wrap	6 <u>Meat & Grain</u> Breakfast for Lunch Pancakes & Sausage Patties Chicken Patty Sandwich
<u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Carrot Coins Orange Smiles 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Pinto Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Broccoli Orange Smiles 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Whole Kernel Corn Fruit 1% or Fat Free Milk
9 <u>Meat & Grain</u> Chicken nuggets w/Dinner roll Turkey & Cheese Sub	10 <u>Meat & Grain</u> Cheese Pizza Trix Yogurt / String Cheese/ Graham Crackers	11 <u>Meat & Grain</u> Beef Taco / with lettuce/tomato/cheese Chicken Salad Wrap	12 <u>Meat & Grain</u> Breakfast for Lunch Pancakes & Sausage Patties Sun Butter & Jelly Sandwich	13 <u>Meat & Grain</u> Mac & Cheese w/Hotdog(no bun) Cheeseburger
<u>Vegetable / Fruit / Milk</u> Whipped Potatoes / Gravy Orange Smiles 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Cauliflower Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Pinto Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Broccoli Orange Smiles 1% or Fat Free Milk
16 <u>Meat & Grain</u> Alfredo Pasta w/Chicken Nuggets Trix Yogurt / String Cheese/ Scooby Doo Graham Crackers	17 <u>Meat & Grain</u> Cheeseburger Meatloaf Italian Sub	18 <u>Meat & Grain</u> Cheese Quesadilla Chicken Patty Sandwich	19 <u>Meat & Grain</u> Pepperoni Pizza Whole Grain Corn Dog	20 <u>Meat & Grain</u> Breakfast for Lunch Pancakes & Sausage Patties Sun Butter & Jelly Sandwich
<u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Whipped Potatoes/Gravy Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Refried Beans Orange Smiles 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk
23 <u>Meat & Grain</u> Fish Sticks w/Mac & Cheese Turkey & Cheese Sub	24 <u>Meat & Grain</u> Rotini & Meatballs Sun Butter & Jelly Sandwich	25 <u>Meat & Grain</u> Cheese Enchiladas Hamburger	26 <u>Meat & Grain</u> Cheese Pizza Trix Yogurt / String Cheese/ Graham Crackers	27 <u>Meat & Grain</u> Hot Dog Chicken salad wrap
<u>Vegetable / Fruit / Milk</u> Carrot Coins Orange Smiles 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Black Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Whole Kernel Corn Fruit 1% or Fat Free Milk
30 <u>Meat & Grain</u> Chicken Patty Sandwich Trix Yogurt / String Cheese/ Scooby Doo Graham Crackers	Students Must Select 3 out of the 5 Meal Components. One Of The 3 Components Selected, MUST Be Fruit or Vegetable	School lunch provides 1/3 of the average daily calorie needs for kids by age. 	Promoting Healthy Living Our menu is Trans Fat Free!	Nutritional information is available at the Food Service Office. MENU SUBJECT TO CHANGE WITHOUT NOTICE.
<u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk				

All grains offered are Whole Grain Rich. Items included are: pasta, breads Buns, tortillas, dinner rolls and all breading used on food items.



DYK – April 22nd is national

Earth Day!



“This institution is an equal opportunity provider”