



VIP LUNCH MENU MAY 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Students Must Select 3 out of the 5 Meal Components. One Of The 3 Components Selected, MUST Be Fruit or Vegetable	¹ <u>Meat & Grain</u> Chicken nuggets w/Dinner Roll Italian Sub <u>Vegetable / Fruit / Milk</u> Carrot Coins Orange Smiles 1% or Fat Free Milk	² <u>Meat & Grain</u> Cheese Enchilada BBQ Riblet Sandwich <u>Vegetable / Fruit / Milk</u> Pinto Beans Fruit 1% or Fat Free Milk	³ <u>Meat & Grain</u> Pepperoni Pizza Turkey & Cheese Wrap <u>Vegetable / Fruit / Milk</u> Broccoli Orange Smiles 1% or Fat Free Milk	⁴ <u>Meat & Grain</u> Breakfast for Lunch Pancakes & Sausage Patties Chicken Patty Sandwich <u>Vegetable / Fruit / Milk</u> Whole Kernel Corn Fruit 1% or Fat Free Milk
	⁷ <u>Meat & Grain</u> Chicken nuggets w/Dinner roll Turkey & Cheese Sub <u>Vegetable / Fruit / Milk</u> Whipped Potatoes / Gravy Orange Smiles 1% or Fat Free Milk	⁸ <u>Meat & Grain</u> Cheese Pizza Trix Yogurt / String Cheese/ Graham Crackers <u>Vegetable / Fruit / Milk</u> Cauliflower Fruit 1% or Fat Free Milk	⁹ <u>Meat & Grain</u> Beef Taco / with lettuce/tomato/cheese Chicken Salad Wrap <u>Vegetable / Fruit / Milk</u> Pinto Beans Fruit 1% or Fat Free Milk	¹⁰ <u>Meat & Grain</u> Breakfast for Lunch Pancakes & Sausage Patties Sun Butter & Jelly Sandwich <u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk
¹⁴ <u>Meat & Grain</u> Alfredo Pasta w/Chicken Nuggets Trix Yogurt / String Cheese/ Scooby Doo Graham Crackers <u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	¹⁵ <u>Meat & Grain</u> Cheeseburger Meatloaf Chicken Patty Sandwich <u>Vegetable / Fruit / Milk</u> Whipped Potatoes/Gravy Fruit 1% or Fat Free Milk	¹⁶ <u>Meat & Grain</u> Cheese Quesadilla Whole Grain Corn Dog <u>Vegetable / Fruit / Milk</u> Refried Beans Orange Smiles 1% or Fat Free Milk	¹⁷ <u>Meat & Grain</u> Pepperoni Pizza Chicken salad wrap <u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk	¹⁸ <u>Meat & Grain</u> Breakfast for Lunch Pancakes & Sausage Patties Sun Butter & Jelly Sandwich <u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk
²¹ <u>Meat & Grain</u> Fish Sticks w/Mac & Cheese Trix Yogurt / String Cheese/ Graham Crackers <u>Vegetable / Fruit / Milk</u> Whole Kernel Corn Orange Smiles 1% or Fat Free Milk	²² <u>Meat & Grain</u> Hotdog Italian Sub <u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk	²³ <u>Meat & Grain</u> Cheese Enchiladas Hamburger <u>Vegetable / Fruit / Milk</u> Black Beans Fruit 1% or Fat Free Milk	²⁴ <u>Meat & Grain</u> Whole Grain Bean & Cheese Burrito Sun Butter & Jelly Sandwich <u>Vegetable / Fruit / Milk</u> Carrot Sticks Fruit 1% or Fat Free Milk	Have a Fun and Safe Summer Break! 
		School lunch provides 1/3 of the average daily calorie needs for kids by age. 	 Our menu is Trans Fat Free!	Nutritional information is available at the Food Service Office. MENU SUBJECT TO CHANGE WITHOUT NOTICE.

All grains offered are Whole Grain Rich. Items included are: pasta, breads Buns, tortillas, dinner rolls and all breading used on food items.



Celebrate teachers!
National teacher appreciation week is May 7-11.

Mother's day is May 13th.



“This institution is an equal opportunity provider”