


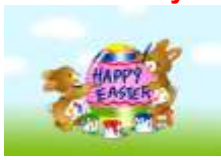




VIP LUNCH MENU MARCH 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Students Must Select 3 out of the 5 Meal Components.</p> <p>One Of The 3 Components Selected, <u>MUST</u> Be Fruit or Vegetable</p>	<p>All grains offered are Whole Grain Rich. Items included are: pasta, breads, buns, tortillas, dinner rolls and all breading used on food items.</p>	 <p>Our menu is Trans Fat Free!</p>	<p>1 <u>Meat & Grain</u> Cheese Pizza Cheeseburger</p>	<p>2 <u>Meat & Grain</u> Cheese Enchiladas Sun Butter & Jelly Sandwich</p>
			<p><u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Corn Fruit 1% or Fat Free Milk</p>
<p>5 <u>Meat & Grain</u> Whole Grain Chicken Corn Dog Italian Sub</p>	<p>6 <u>Meat & Grain</u> Alfredo Pasta w/Chicken Nuggets Trix Yogurt / String Cheese/ Graham Crackers</p>	<p>7 <u>Meat & Grain</u> Cheese Quesadilla Turkey & Cheese Wrap</p>	<p>8 <u>Meat & Grain</u> Pepperoni Pizza Sun Butter & Jelly Sandwich</p>	<p>9 <u>Meat & Grain</u> Mac & Cheese w/Hotdog(no bun) Cheeseburger</p>
<p><u>Vegetable / Fruit / Milk</u> Green Beans Orange Smiles 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> **Seasoned Baked Sweet Potatoes **NEW ITEM Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Whole Kernel Corn Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>
<p>School Closed Spring Break March 10th – 25th</p> 				<p>Nutritional information is available at the Food Service Office.</p> <p>MENU SUBJECT TO CHANGE WITHOUT NOTICE.</p> <p>School lunch Provides 1/3 of the average daily calorie needs for kids by age.</p> 
<p>26 <u>Meat & Grain</u> Trix Yogurt / String Cheese/ Scooby Doo Graham Crackers Cheeseburger</p>	<p>27 <u>Meat & Grain</u> Chicken nuggets w/Dinner Roll Whole Grain Bean & Cheese Burrito</p>	<p>28 <u>Meat & Grain</u> Breakfast for Lunch Pancakes & Sausage Patties Cheese Enchiladas</p>	<p>29 <u>Meat & Grain</u> Cheeseburger Meatloaf w/Dinner roll Italian Sub</p>	<p>30 No School Good Friday</p> 
<p><u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Black Beans Orange Smiles 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Whipped Potatoes & Gravy Orange Smiles 1% or Fat Free Milk</p>	

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DYK –March 20th is the first day of spring!

“This institution is an equal opportunity provider”