



VIP
LUNCH MENU
September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Students Must Select 3 out of the 5 Meal Components.</p> <p>One Of The 3 Components Selected, MUST Be Fruit or Vegetable</p> <p>MENU SUBJECT TO CHANGE WITHOUT NOTICE.</p>	<p>ChooseMyPlate.gov</p>	<p>* New Menu Items</p>		<p>1</p> <p><u>Meat & Grain</u> Chicken Nuggets w/ Dinner Roll</p> <p>*Turkey & Cheese Wrap</p> <p><u>Vegetable / Fruit / Milk</u> Whipped Potatoes / Gravy Fruit 1% or Fat Free Milk</p>
<p>4</p> <p>LABOR DAY</p>	<p>5</p> <p><u>Meat & Grain</u> *Chicken Alfredo Pasta</p> <p>Trix Yogurt / String Cheese/ Graham Crackers</p>	<p>6</p> <p><u>Meat & Grain</u> Breakfast for Lunch Pancakes & Sausage Patties</p> <p>Sun Butter & Jelly Sandwich</p>	<p>7</p> <p><u>Meat & Grain</u> Pepperoni Pizza</p> <p>Corn Dog</p>	<p>8</p> <p><u>Meat & Grain</u> *Orange Chicken over Steamed Brown Rice</p> <p>Hamburger</p>
<p>School Closed</p>	<p><u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Refried Beans Orange Smiles 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Corn Grapes 1% or Fat Free Milk</p>
<p>11</p> <p><u>Meat & Grain</u> *Roasted Turkey w/ Dinner Roll</p> <p>Italian Sub</p>	<p>12</p> <p><u>Meat & Grain</u> Pepperoni Pizza</p> <p>*Chicken Salad Wrap</p>	<p>13</p> <p><u>Meat & Grain</u> *Beef Taco / with lettuce/tomato/cheese</p> <p>Trix Yogurt/String Cheese/ Graham Crackers</p>	<p>14</p> <p><u>Meat & Grain</u> Chicken & Waffles</p> <p>Hamburger</p>	<p>15</p> <p><u>Meat & Grain</u> *Sesame Ginger Chicken Pasta</p> <p>Sun Butter & Jelly Sandwich</p>
<p><u>Vegetable / Fruit / Milk</u> Whipped Potatoes / Gravy Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Cauliflower Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Black Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>
<p>18</p> <p><u>Meat & Grain</u> Trix Yogurt, String Cheese, Scooby Doo Grahams</p> <p>Cheeseburger</p> <p>NATIONAL CHEESEBURGER DAY</p>	<p>19</p> <p><u>Meat & Grain</u> Chicken Nuggets w/ Dinner Roll</p> <p>Sun Butter & Jelly Sandwich</p>	<p>20</p> <p><u>Meat & Grain</u> *Shredded BBQ Pork Sandwich</p> <p>American Sub</p>	<p>21</p> <p><u>Meat & Grain</u> Breakfast for Lunch Pancakes and Sausage Patties</p> <p>Hot Dog</p>	<p>22</p> <p><u>Meat & Grain</u> Bean & Cheese Burrito</p> <p>Chicken Patty Sandwich FIRST DAY OF FALL</p>
<p><u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Whipped Potatoes / Gravy Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Carrots Orange Smiles 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>
<p>25</p> <p>Fall Break Week No Lunch Service</p>	<p>26</p> <p>September</p>	<p>27</p>	<p>28</p>	<p>28</p>

September 10th is
Grandparents Day!

GRANDPARENTS
so easy to operate
even a child can do it



**DYK – SEPTEMBER IS;
ALL AMERICAN BREAKFAST MONTH!
NATIONAL HONEY MONTH!
NATIONAL MUSHROOM MONTH!**

**DYK FACT;
HONEY IS THE
ONLY
NATURAL
FOOD THAT
NEVER SPOILS!**

“USDA is an equal opportunity provider.”