



Vail School District ELEMENTARY LUNCH MENU MAY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Nutritional information is available at the Food Service Office.</p> <p>Menu subject to change w/out notice.</p>		<p>Students Must Select 3 out of the 5 Meal Components.</p> <p>One Of The 3 Components Selected, MUST Be Fruit or Vegetable.</p>
1	2	3	4	5
<p><u>Meat & Grain</u> Cheese Enchiladas</p> <p>Hot Dog</p> <p>Trixs Yogurt/String Cheese/ Graham Crackers</p>	<p><u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Chicken Patty Sandwich</p> <p>Sun Butter & Jelly Sandwich</p>	<p><u>Meat & Grain</u> Mac & Cheese with Fish Sticks</p> <p>Meatball Sub</p> <p>Buffalo Chicken Salad w/ Dinner Roll</p>	<p><u>Meat & Grain</u> Breakfast for Lunch Pancakes and Sausage Patties</p> <p>Quesadilla</p> <p>America Sub</p>	<p><u>Meat & Grain</u> Cheeseburger</p> <p>Italian Sub</p>
<p><u>Vegetable / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Corn Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>
8	9	10	11	12
<p><u>Meat & Grain</u> Chicken Nuggets w/ Dinner Roll</p> <p>Cheeseburger</p> <p>Trixs Yogurt/String Cheese/ Graham Crackers</p>	<p><u>Meat & Grain</u> Rotini & Meat Sauce</p> <p>Chicken Patty Sandwich</p> <p>Crispy Chicken Wrap</p>	<p><u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Whole Grain Corn Dog</p> <p>Chef Salad w/ Dinner Roll</p>	<p><u>Meat & Grain</u> Beefy Nachos</p> <p>Rib B Q Sandwich</p> <p>Turkey Ham and Cheese Sub</p>	<p><u>Meat & Grain</u> Bean & Cheese Burrito</p> <p>Grilled Cheese & Tomato Soup</p> <p>Sun Butter & Jelly Sandwich</p>
<p><u>Vegetable / Fruit / Milk</u> Mashed Potatoes / Gravy Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Black Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Carrot Coins Fruit 1% or Fat Free Milk</p>
15	16	17	18	19
<p><u>Meat & Grain</u> Chili Frito Pie w/ Dinner Roll</p> <p>Chicken Nuggets w/ Dinner Roll</p> <p>Italian Sub</p>	<p><u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Chicken Patty Sandwich</p> <p>Crispy Chicken Salad w/ Dinner Roll</p>	<p><u>Meat & Grain</u> Breakfast for Lunch Pancakes and Sausage Patties</p> <p>Cheeseburger</p> <p>Buffalo Chicken Salad w/ Dinner Roll</p>	<p><u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>BBQ Pulled Pork Sandwich</p> <p>Turkey & Cheese Wrap</p>	<p><u>Meat & Grain</u> Orange Chicken w/ Brown Rice</p> <p>Hot Dog</p> <p>Trixs Yogurt/String Cheese/ Graham Crackers</p>
<p><u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Carrots Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Ranchero Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Corn Fruit 1% or Fat Free Milk</p>
22	23	24	25	26
<p><u>Meat & Grain</u> Cheese or Pepperoni Pizza</p> <p>Grilled Cheese & Tomato Soup</p> <p>Sun Butter & Jelly Sandwich</p>	<p><u>Meat & Grain</u> Spaghetti & Meatballs</p> <p>Quesadillas</p> <p>Buffalo Chicken Wrap</p>	<p><u>Meat & Grain</u> Chicken & Waffles</p> <p>Corn Dog</p>	<p><u>Meat & Grain</u> Cheeseburger</p> <p>EARLY RELEASE</p>	
<p><u>Vegetable / Fruit / Milk</u> Oven Potatoes Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Cauliflower Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk</p>	<p><u>Vegetable / Fruit / Milk</u> Carrot Fruit 1% or Fat Free Milk</p>	

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