



VAIL SCHOOL DISTRICT ELEMENTARY & MIDDLE SCHOOL BREAKFAST – MAY 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Students MUST Select At Least 3 Items For Breakfast.

One Of The 3 Items MUST Be A Fruit.

All Breakfast Entrees Count as Two Items

1
Cheesy Egg w/Toast

OR

Cereal Bar & String Cheese

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit Juice
1% and Fat Free Milk

2
Blueberry Breakfast on a Stick

OR

Chocolate Chip Ultimate Breakfast Bar

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

3
Whole Grain Breakfast Pizza

OR

Cinnamon Mini Cinni's

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

4
Turkey Sausage & Cheese Muffin

OR

Cereal Bar & String Cheese

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit Juice
1% and Fat Free Milk

7
Whole Wheat Pancake w/Turkey Sausage

OR

Trix Yogurt w/Graham Crackers

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

8
Whole Grain Breakfast Pizza

OR

Chocolate Chip Ultimate Breakfast Bar

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit Juice
1% and Fat Free Milk

9
Whole Wheat Pancake w/Turkey Sausage

OR

Stuffed Bagel

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

10
Breakfast on a Stick

OR

Trix Yogurt w/Graham Crackers

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

11
Breakfast Burrito

OR

Cereal Bar & String Cheese

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit Juice
1% and Fat Free Milk

14
Blueberry Breakfast on a Stick

OR

Trix Yogurt w/Graham Crackers

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

15
Cheesy Egg w/Toast

OR

Cereal Bar & String Cheese

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit Juice
1% and Fat Free Milk

16
Whole Wheat Pancake w/ Turkey Sausage

OR

Chocolate Chip Ultimate Breakfast Bar

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

17
Egg & Cheese Muffin

OR

Cereal Bar & String Cheese

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

18
Whole Grain Breakfast Pizza

OR

Cinnamon Mini Cinni's

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit Juice
1% and Fat Free Milk

21
Whole Grain Pancake w/Turkey Sausage

OR

Cereal Bar & String Cheese

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

22
Breakfast Burrito

OR

Trix Yogurt w/Graham Crackers

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit Juice
1% and Fat Free Milk

23
Whole Grain Breakfast Pizza

OR

Stuffed Bagel

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

24
Cheesy Egg w/Toast

OR

Trix Yogurt w/Graham Crackers

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit
1% and Fat Free Milk

25
Sausage & Cheese Bagelwich

OR

Chocolate Chip Ultimate Breakfast Bar

OR

Assorted Whole Grain Cereal w/ Wheat Toast

Fruit Juice
1% and Fat Free Milk



All juice offered on our breakfast menu is 100% fruit juice.

Whole Grain unsweetened Cheerio's cereal is available daily.

Nutritional information is available at the food service office.

Menus subject to change without notice.

“This institution is an equal opportunity provider.”