



# VAIL SCHOOL DISTRICT MIDDLE SCHOOL LUNCH MENU March 26 –29, 2018



REVOLVE	HONOR ROLL	FIESTA	UPPER CRUST	FAST TAKES
<b>Monday</b> Baked Chicken Nuggets w/ Dinner Roll	<b>Monday</b> Cheeseburger	<b>Monday</b> Whole Grain Bean & Cheese Burritos	<b>Monday</b> Pepperoni Pizza OR Cheese Pizza	<b>Monday</b> American Sub OR Chef Salad w/ Dinner Roll
<u>Veggie / Fruit / Milk</u> Carrots Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Carrots Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Carrots Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Carrots Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Carrots Fruit 1% or Fat Free Milk
<b>Tuesday</b> Rotini w/ Meatballs & Marinara	<b>Tuesday</b> Spicy Chicken Sandwich	<b>Tuesday</b> Beefy Nachos	<b>Tuesday</b> Sausage Pizza OR Cheese Pizza	<b>Tuesday</b> Crispy Chicken Wrap OR Buffalo Chicken Salad w/ Dinner Roll
<u>Veggie / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Broccoli Fruit 1% or Fat Free Milk
<b>Wednesday</b> Enchiladas w/ Spanish Rice	<b>Wednesday</b> Cheeseburger	<b>Wednesday</b> Whole Grain Bean & Cheese Burrito	<b>Wednesday</b> Pepperoni Stromboli OR Cheese Pizza	<b>Wednesday</b> Turkey & Cheese Sub OR Chicken Caesar Salad w/Dinner Roll
<u>Veggie / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk
<b>Thursday</b> Baked Chicken w/ Dinner Roll	<b>Thursday</b> Spicy Chicken Sandwich	<b>Thursday</b> Beefy Nachos	<b>Thursday</b> Pepperoni Pizza OR Cheese Pizza	<b>COOKIE DAY</b>
<u>Veggie / Fruit / Milk</u> Whipped Potatoes / Gravy Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Whipped Potatoes / Gravy Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Whipped Potatoes / Gravy Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Whipped Potatoes / Gravy Fruit 1% or Fat Free Milk	
<b>Friday</b>  <b>Good Friday</b>  <b>School Closed</b>	<b>Friday</b> 	<b>Friday</b>  <b>MARCH 20<sup>TH</sup> SPRING BEGINS!</b>	<b>Friday</b> 	<b>Friday</b>  MENU SUBJECT TO CHANGE WITHOUT NOTICE.

Students MUST select 3 out of the 5 meal components.  
One of the 3 components selected MUST be a fruit or vegetable.

School lunch provides 1/3 of the average daily calorie needs for kids by age.  
All lunch meals also include our self-service fresh veggie bar and condiment table.

**“This institution is an equal opportunity provider.”**