



VAIL SCHOOL DISTRICT HIGH SCHOOL LUNCH MENU DECEMBER 18 – 22 2017



CREATIONS	GRILL	SALSA	PIZZA	FAST TAKES
Monday	Monday	Monday	Monday	Monday
**Carved Roasted Turkey w/ Dinner Roll	Cheeseburger OR Spicy Chicken Patty Sandwich	Fiesta Bar	Pepperoni Pizza OR Cheese Pizza	Chef Salad w/ Dinner Roll
Veggie Carrot Coins	Veggie Carrot Coins	Veggie Carrot Coins	Veggie Carrot Coins	Veggie Carrot Coins
Tuesday	Tuesday	Tuesday	Tuesday	Tuesday
Rotini & Meat Sauce	Cheeseburger OR Spicy Chicken Patty Sandwich	Fiesta Bar	Sausage Pizza OR Cheese Pizza	Buffalo Chicken Salad w/ Dinner Roll
Veggie Broccoli	Veggie Broccoli	Veggie Broccoli	Veggie Broccoli	Veggie Broccoli
Wednesday	Wednesday	Wednesday	Wednesday	Wednesday
**Beef & Veggie Stir Fry w/Steam Rice	Cheeseburger OR Chicken Patty Sandwich	Fiesta Bar	Pepperoni Stromboli OR Cheese Pizza	Chicken Caesar Salad w/Dinner roll
Veggie Black Bean	Veggie Black Bean	Veggie Black Bean	Veggie Black Bean	Veggie Black Bean
Thursday	Thursday	Thursday	Thursday	Thursday
**Oven Roasted Chicken & Waffles	Cheeseburger OR Spicy Chicken Patty Sandwich	Fiesta Bar	Pepperoni Pizza OR Cheese Pizza	Crispy Chicken Salad w/ Dinner Roll
Veggie Green Beans	Veggie Green Beans	Veggie Green Beans	Veggie Green Beans	Veggie Green Beans
Friday	Friday	Friday	Friday	Friday
EARLY RELEASE DAY	NO LUNCH SERVICE	EARLY RELEASE DAY	NO LUNCH SERVICE	EARLY RELEASE DAY

Students MUST select 3 out of the 5 meal components.

One of the 3 components selected MUST be a fruit or vegetable.

freshpick
for better health
by *sodexo*

Bell Peppers



Bell Peppers are an excellent source of Vitamins A & C.

Available Daily:

Made to order Deli Bar
Self-Serve Veggie Bar
Assorted Fresh Fruit
Side Caesar Salad
Oven Browned Potatoes
1% or Fat Free Milk

** Meals:
\$3.50 Student Lunch
\$4.00 Adult Lunch

All lunch meals also include our self-service fresh veggie bar and condiment table.
All grains offered are Whole Grain Rich.

All lunch meals also include our self-service fresh veggie bar and condiment table.

Items included are: pasta, breads, buns, tortillas, dinner rolls and all breading used on food items.

Our menu is Trans Fat Free!

“This institution is an equal opportunity provider.”