



VAIL SCHOOL DISTRICT HIGH SCHOOL LUNCH MENU OCTOBER 30 – NOVEMBER 3, 2017



CREATIONS	GRILL	SALSA	PIZZA	FAST TAKES
Monday	Monday	Monday	Monday	Monday
Chili Frito Pie w/ Dinner Rol	Bacon Cheeseburger OR Spicy Chicken Patty Sandwich	Fiesta Bar	Pepperoni Pizza OR Cheese Pizza	Buffalo Chicken Salad w/Dinner Roll
Veggie Green Beans	Veggie Green Beans	Veggie Green Beans	Veggie Green Beans	Veggie Green Beans
Tuesday	Tuesday	Tuesday	Tuesday	Tuesday
Chicken Stir Fry Over Brown Steamed Rice	Cheeseburger OR Chicken Patty Sandwich	Fiesta Bar	Sausage Pizza OR Cheese Pizza	Crispy Chicken Salad w/ Dinner Roll
Veggie Carrot Coins	Veggie Carrot Coins	Veggie Carrot Coins	Veggie Carrot Coins	Veggie Carrot Coins
Wednesday	Wednesday	Wednesday	Wednesday	Wednesday
Chicken Fajitas and Spanish Rice	Bacon Cheeseburger OR Spicy Chicken Patty Sandwich	Fiesta Bar	Pepperoni Pizza OR Cheese Pizza	Chef Salad w/ Dinner Roll
Veggie Refried Beans	Veggie Refried Beans	Veggie Refried Beans	Veggie Refried Beans	Veggie Refried Beans
Thursday	Thursday	Thursday	Thursday	Thursday
Philly Cheese Steak Sub	Cheeseburger OR Spicy Chicken Patty Sandwich	Fiesta Bar	Sausage Stromboli OR Cheese Pizza	Buffalo Chicken Salad w/ Dinner Roll
Veggie Broccoli	Veggie Broccoli	Veggie Broccoli	Veggie Broccoli	Veggie Broccoli
Friday	Friday	Friday	Friday	Friday
Orange Chicken over Brown Steamed Rice	Bacon Cheeseburger OR Chicken Patty Sandwich	Fiesta Bar	Buffalo Chicken Pizza OR Cheese Pizza	BLT Salad w/ Dinner Roll
Veggie Whole Kernel Corn	Veggie Whole Kernel Corn	Veggie Whole Kernel Corn	Veggie Whole Kernel Corn	Veggie Whole Kernel Corn

Students **MUST** select 3 out of the 5 meal components.

One of the 3 components selected **MUST** be a fruit or vegetable.

School lunch provides 1/3 of the average daily calorie needs for kids by age.

All lunch meals also include our self-service fresh veggie bar and condiment table.

Available Daily:

Made to order Deli Bar
Assorted Fresh Fruit
Side Caesar Salad
Oven Brownd Potatoes
1% or Fat Free Milk

** Meals:
\$3.50 Student Lunch
\$4.00 Adult Lunch



**TASTE
THE OLD
FAVORITES**

Monday – Pasta Bar
Tuesday – Baked Potato Bar**
Wednesday - Pasta Bar
Thursday – Baked Potato Bar**
Friday – Pasta Bar
Sides

Parmesan Bread Stick Garlic Bread Slice
Veggie of the Day Fruit

“This institution is an equal opportunity provider.”